# Familes North London

#### **IN THIS ISSUE**

What's On Easter Nursery years focus

# **Confidence Building Fun**

Try a **FREE** drama, dance and singing class

Choose from over 30 venues across North London. To book a class, visit perform.org.uk/try

March/April 2023

#### Familiesonline.co.uk

PERFOR

WATCH YOUR CHILD SHINE

AL PROVIDENCE OF AL PRO

# Improve your child's wellbeing!

# Get your FREE book\*



Families

# **APPLY HERE**

#### Welcome

Spring is just around the corner and it's time to re-embrace the big outdoors! Why not check out our downloadable walking challenge and get the whole family stepping out? And take a look at some great outdoor toy options that will definitely motivate the kids!

Of course, Mother's Day is just around the corner and Easter not too far away. Find inspiration for a great gift for mum for under £20. We have researched the best egg options and have some tips on organising a successful Easter egg hunt, plus loads of Easter craft and cooking ideas too.

Don't miss our giveaways either! This issue's goodies include Smoby Nature Playhouses, tonnes of books and a device to help those who find reading difficult. Apply inside and also ensure you receive every issue of our digital magazine with lots more content and goodies on offer.

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#### Get in touch

Competition winners from our November/ December issue

Congratulations to all our winners. You can find a list **HERE** 

Smoby Playhouse & Kitchen

**Giveaway!** 2 available

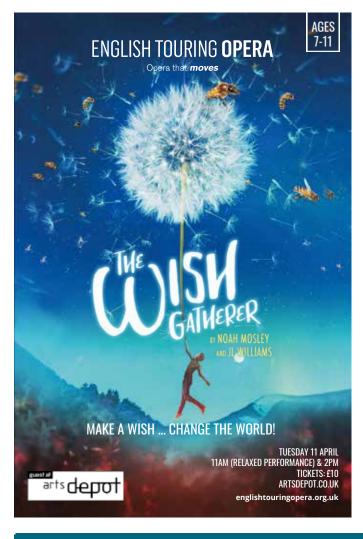
Brings creative play to life!

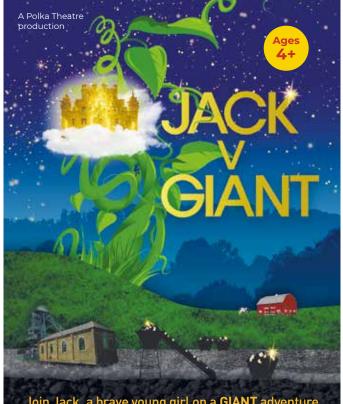


**APPLY HERE** 

T&Cs apply

#### WHAT'S ON





Join Jack, a brave young girl on a **GIANT** adventure in this new musical version of the classic fairytale.

arts Cepot Sun 2 - Thu 6 Apr 2023 Book at artsdepot.co.uk // 020 8369 5454



Come and see live demonstrations of cutting-edge equipment

Familiesonline.co.uk





Enjoy family activities this Easter on board this world-famous ship.

Search 'Cutty Sark'

ROYAL MUSEUMS GREENWICH

 Members go free



#### For tickets: **Openairtheatre.com** For education group bookings: **Openairtheatre.com/education**



## Healthy after-school snack ideas

We asked our friends at <u>Kitchen Titbits</u> for healthy ideas to satisfy our kids' after-school hunger and to avoid spending a fortune on packaged snacks.



Energy-balls



<u>Banana and</u> <u>blueberry muffins</u> <u>(vegan)</u>



Banana ice cream



Butternut squash and feta scones



Oat pancakes



Yoghurt and fruit bark



Fruit smoothie



<u>Courgette spinach</u> <u>cheese muffins</u>



Snack mix

LIMITED PLACES STILL AVAILABLE FOR SEPTEMBER

# PREPARED FOR PRESCHOOL

The best possible start to your child's education



ISA Awards 2022 Winner

ISA Award for Excellence and Innovation in Equality, Diversity and Inclusion 20 TENTERDEN GROVE HENDON NW4 1TD T. 020 8203 7727 E. ADMISSIONS@HENDONPREP.CO.UK WWW.HENDONPREP.CO.UK



HENDON PREP IS AN INDEPENDENT DAY SCHOOL FOR BOYS AND GIRLS FROM 3-11 YEARS OLD

Focus on Mars Montessori Bilingual Nurseries

# Bilingual from the start



Located in the heart of Angel since 2000, Mars Montessori is a small private nursery that has received the highest possible rating of Outstanding in every category by Ofsted.

Its bilingual approach includes English, French, and an introduction to Mandarin, delivered by native-speaking Montessori teachers and experienced childcare professionals.

"Our small class sizes enable personalized care for children from 18 months to 4 years old with flexible hours from 8am to 6pm, 47 weeks a year. In addition, we provide a four-course organic menu," said a spokesperson.

Its next **open day** is Saturday, April 22. Schedule a visit today to see



what sets Mars Montessori apart!

**VISIT WEBSITE** 

"I saw you in Families magazine and..."

#### Helping boys manage the gender gap

By Lisa Wander and Catherine Loble



A 2022 global report shows that boys are increasingly becoming left behind in education. Furthermore, recent school entry baseline assessments show over one million boys are already under-achieving by the time they enter Reception. So what are the reasons behind this?

READ MORE



#### New Co-Educational Nursery

AT ST. ANTHONY'S SCHOOL FOR BOYS, HAMPSTEAD

Age range: 21/2 - 4

Specialist EYFS Teachers Outstanding Pre-School Curriculum Indoor and Outdoor Learning

**REGISTER YOUR INTEREST:** pahead@stanthonysprep.co.uk 020 7431 1066 www.stanthonysprep.org.uk



Focus on North Bridge House Nursery Schools Resilient learners



North Bridge House Nursery Schools in Hampstead and West Hampstead are focused on providing breadth and depth in the early years of education, to inspire a lifelong love of learning and to equip little ones with the **confidence and resilience to thrive** in everything they do.

Highly experienced staff provide personalised childcare for ages 2+, as well as wraparound care both in and out of term time.

The schools' large playgrounds provide the perfect space for gardening club or hatching butterflies, while specialist subjects are offered from the outset, with **Italian, drama, music and dance** delivered on a weekly basis. In the 3+ Pre-Reception class, children also benefit from twice weekly French lessons and bi-weekly Forest School, providing them with a wealth of opportunity to develop

their cultural literacy, understanding of the world and affinity with nature. **)** 020 7428 1520



#### VISIT WEBSITE

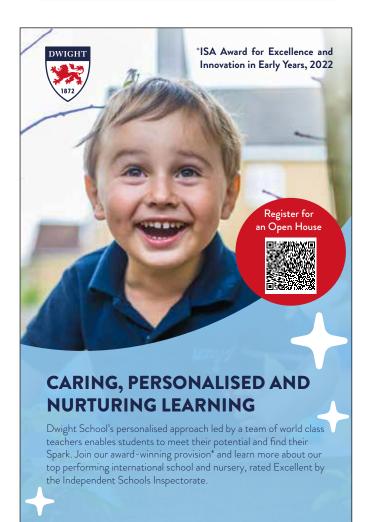
# Stretching your child's imagination

By Jemma Z Smith



Imagination helps children think creatively and consider possibilities that may not be rooted in current reality. Imagination can be a powerful tool for problem-solving and innovation. So how can we encourage its maximum use?

#### **READ MORE**



Focus on St Anthony's School for Boys

## New nursery fit for little explorers



St Anthony's School for Boys is launching a new mixed nursery housed in its Junior School.

It will be part of the St Anthony's Group of nurseries for boys and girls from 2½ to 4 years. Nursery children will be considered for **priority admission** into Reception at St Anthony's Boys' or Girls' Schools. Its dedicated learning spaces, inside and outside, are **designed for little hands and feet to explore** and learn.

"We are focused on delivering a high standard of teaching, designed to **build knowledge and stimulate curiosity**," said a spokesperson. "Well-qualified early years teachers are assisted by subject specialists in music, drama, art and PE."

Senior academic staff from the prep school will oversee and qualityassure the curriculum. The nursery aims to produce effective communicators, hungry to learn and do more.

VISIT WEBSITE

#### **Six reasons children switch off from learning** By Gail Hugman



Given eleven years of full-time schooling, it's not surprising many children face difficulties that affect their learning and some switch off altogether. What are the reasons for this and how can children be helped to reengage?

#### **READ MORE**



#### **NURSERY YEARS**

Focus on Dwight School London

A personalised journey



Dwight London is an ISA Award Winning School for Excellence and Innovation in Early Years. With excellent student to teacher ratios, they are dedicated to crafting a personalised journey for every student.

"Our students are encouraged to pursue their passions, believe in their own talents while celebrating and learning from the perspectives of others," said a spokesman. Students are inspired to take intellectual risks through the academically rigorous International Baccalaureate (IB) curriculum — a pathway to top universities worldwide — nurturing creative critical thinkers empowered to help

make our world a better place.



Book a monthly open day.

VISIT WEBSITE

"I saw you in Families magazine and..."

NEWBORNS KASSIA KAM MATERNITY LONDON FAMILY PHOTOGRAPHY



K A S S I A K A R R P H O T O G R A P H Y . C O M

#### Calling all young Scientists!

Help us discover how babies & kids learn!
We're recruiting infants from birth through school age to take part in fun studies at
Birkbeck's BabyLab & ToddlerLab in central London. Our prime locations are easy to reach and we refund travel expenses.
We also have online studies you can do from the comfort of home www.cbcd.bbk.ac.uk/online-studies

020 3926 1207 babylab@bbk.ac.uk www.cbcd.bbk.ac.uk



Birkbeck

Focus on Hendon Preparatory School

# The importance of a holistic education

From before birth to age five, our brains develop faster than at any other time in our lives.

The way we develop, through our experiences, relationships, and

surroundings, affects how we form relationships thrive at work, and our mental and physical wellbeing as adults.



Hendon Prep's newly appointed Head of Early Years, Dominique

Renouf-Soar told how it is vital for education to be holistic at this age.

"By inspiring the heart, mind, and spirit of every child, we can support the joy of childhood alongside preparation for the world beyond," explained Mrs Renouf-Soar.

"At Hendon Prep, we offer our children a stimulating learning environment to support **discovery and creativity** and we work hard to develop strong and effective relationships between staff, parents, and other children.

"We facilitate happiness and achievement, ensuring that by the time our children are five, they are ready to move on to the next stage of their educational journey at Hendon Prep with confidence and vigour."

en 1873

**VISIT WEBSITE** 

# **WIN!** Cuddledry hands-free baby towel

Make a splash

A stress-free bathtime creates a lovely bonding experience. Cuddledry believes the key is to know you have what you need on hand to keep the smiles rolling. So, they have created products to set you up for success.

Top of the list is the award-winning **Cuddledry hands-free baby towel**. Its clever apron-style design keeps you dry while giving you two hands free to lift your baby safely from the water and straight into a warm cuddle. Made with a super fluffy and sustainable bamboo & cotton blend, this towel keeps its softness. £39.99.

Fun bamboo **Character Towels** – 1-3yrs or 3-6yrs. £34.99-£39.99. **Cuddleduck**, is a bath and teething toy with no hole – so no mould can grow inside. BPA-free and made with natural rubber. £12.99 in 3 colours. And stay-soft, silky bamboo **Washcloths** with natural antibacterial qualities. £7.99. See the range at

www.cuddledry.com

Families North London has teamed up with Cuddledry to offer **THREE** readers the chance to win a Cuddledry Hands-free Baby Towel. Go to **bit.ly/compsFNL**. T&Cs: bit.ly/ CuddleTCs. Closing April 21.



COGNITA An inspiring world of education

North Bridge House

New 2 y.O. Nursery class. Intakes throughout the year.

# FIND YOUR **TRUE NORTH.**

North Bridge House is on a constant journey of getting to know every child as an individual, realising their unique potential through a rich and diverse academic and co-curricular programme at every school stage.

NURSERY & PRE-PREP NURSERY & PRE-PREP WEST HAMPSTEAD 2 - 7 YEARS FRIDAY 24 MAR

HAMPSTEAD 2 - 7 YEARS TUESDAY 7 MAR WEDNESDAY 15 MAR

PREP SCHOOL **REGENT'S PARK** 4 - 13 YEARS FRIDAY 10 MAR

SENIOR HAMPSTEAD 11 - 16 YEARS TUESDAY 21 MAR TUESDAY 9 MAY

SENIOR CANONBURY 11 - 18 YEARS **THURSDAY 23 MAR** THURSDAY 11 MAY

Book an open day at northbridgehouse.com/open or call 020 7428 1520

## Free KS1 and KS2 SATs revision tools

With KS1 and KS2 SATs approaching, your kids can have fun AND learn with these free resources.



Karate Cats English Fun BBC Bitesize game which prepares for Year 2 English SATs. Age 1+.

# CHECKLIST

✓ Maths

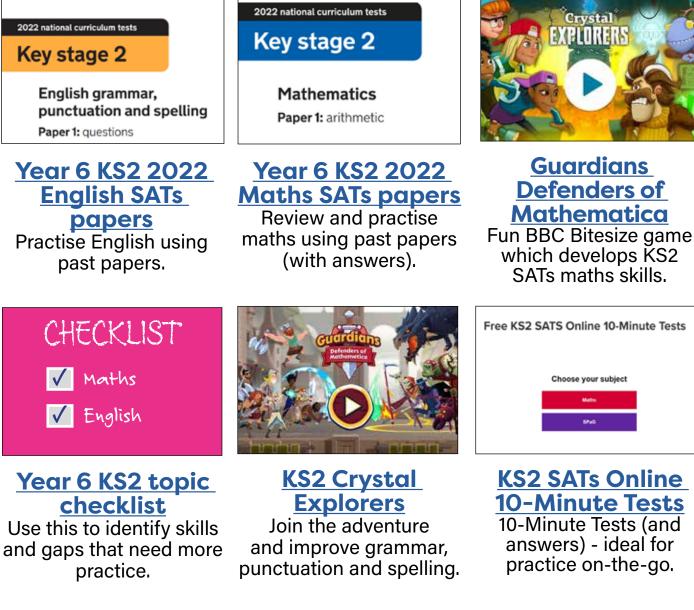
🗸 English

#### Year 2 KS1 SATs topic checklist

Use this to identify skills and gaps that need more practice.



Karate Cats maths And prepare for Year 2 maths SATs with Karate Cats too!



#### **EDUCATION**

# WIN! A BeSafe high-back booster seat Style 'n' safety

As our children grow out of their car seats it's tempting to think a booster cushion is enough, but there are safer, more comfortable options.

A booster cushion only has a sitting part. Innovative Norwegian brand BeSafe



says high-back booster seats are one of the safest ways to transport your older children, offering:

**Side protection:** for your child's torso and head. If your car has side curtain airbags, your child might not be the right height for them to be effective.

**Shoulder belt guiders:** so the belt is always in the right position as your child grows. A lap-belt guider will keep a belt in the optimal position over your child's pelvis.

**Support while sleeping:** Slouching leaves the seatbelt incorrectly positioned. A seat where the sitting area reclines means your child can nap comfortably without risk of slouching.

BeSafe has combined all these features in the BeSafe iZi Flex Fix i-size, available in six colours, RRP £239.



Families North London has teamed up with Be-Safe to offer **ONE** reader the chance to win a Be-Safe iZi Flex Fix i-size. Go to **bit.ly/compsFNL**. See T&Cs at bit.ly/BeSafeTCs. Closing date April 21.

See the collection at www.BeSafe.com



# Looking for a school for September 2023?



CF Register for Our open days at: www.cfbl.org.uk

16 March/April

#### EDUCATION

# Students empowered to save the planet



# We can change: pupils reduce school's carbon footprint

Children hear about climate change from a young age, and this can lead some to feel what psychologists have called "climate anxiety".

Encouraging children to take action can do wonders to lessen their distress, and can teach them positive and impactful ways to help save the planet.

CFBL, a French-English bilingual school in Kentish Town, is empowering students to take action against climate change. In addition to classroom activities and school-wide projects, students can take part in several "Eco Committees", which launch actions and policies to reduce CFBL's carbon footprint. CFBL is proud to have been awarded the Eco Schools Green Flag award.

#### VISIT WEBSITE

"I saw you in Families magazine and..."



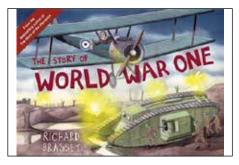
PROFESSIONAL TUTORS IN LONDON SATS, 11+ exams, GCSE, A-Level

www.hillgatetutors.co.uk Contact Laurie on 07748 956581

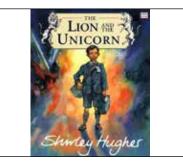


# **Engaging your child with history**

Presented well, history can be enthralling for kids. If you want to encourage an interest, these books will really stimulate engagement.



The Story of World War One Ages 6-8. Beautifully illustrated with facts explained in simple English.

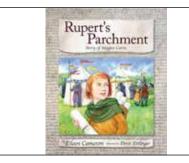


The Lion and the Unicorn Ages 5-7. Powerful story about a child's WWII experience.



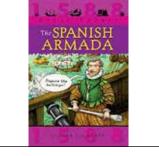
#### Coming to England

Ages 3-6. An inspiring true story celebrating the Windrush Generation.



#### Rupert's Parchment: Story of Magna Carta

Ages 4-8. The exciting Magna Carta story seen through Rupert's eyes.



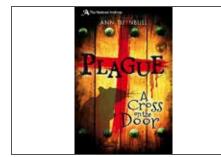
The Spanish Armada

Ages 6-11. Explores the English navy's defeat of the Spanish Fleet.

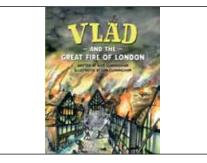


#### <u>Guy Fawkes and</u> <u>the Gunpowder</u> <u>Plot</u>

Ages 5+. Accessible re-telling of the plot to blow up parliament.



Plague: A Cross on the Door Ages 7-9. Exciting read bringing the plague and its impact to life.



Vlad and the Great Fire of London Ages 3-9. How did the

Ages 3-9. How did the fire start and how did Londoners escape?



1066 The Norman Conquest Ages 7-9. Exciting account of the military invasion of England.

## All aboard for a Cutty Sark adventure

Take the family to Cutty Sark in Greenwich for an action- packed day out on this world-famous historic ship.

Meet the cast of colourful characters from the ship's past, including the fearless Captain Woodget and the ship's cook, as they share stories about life on board the fastest ship of its time.

Find your sea legs by taking the helm at the ship's wheel, pull the ropes on the main deck and explore the crew's bunk beds.

Play interactive games, and visit the Cutty Sark figureheads, part of the world's largest collection of ship figureheads.

Follow a free family trail and discover



how the ship's crew lived and worked at sea in the age of sail. Treat the family to an unforgettable experience by climbing Cutty Sark's iconic masts to see breathtaking views of London. Book your Easter tickets at Cutty Sark today:

#### rmg.co.uk/cuttysark



#### Spring into feeling good with Perform



Spring is the perfect time of year to get those feel-good endorphins pumping and Perform's new summer term themes are sure to get bodies moving and hearts singing. What's more, your child can try a class for free!

Perform offers a different type of children's drama class. They don't focus on creating perfect dancers or the next child stars.

#### **READ MORE**

#### Go Jungle Book wild



Take part in three days of drama, dance and singing with Perform this Easter holiday on a course based on The Jungle Book. **READ MORE** 

#### Hands on medical science

Use a medical ultrasound scanner, try simulated keyhole surgery and tour labs to see robot surgeons this Easter at the FREE familyfriendly UCL/



WEISS annual science fair on Monday April 3, 11am-4pm.

www.ucl.ac.uk/events





#### OFFER! 20% off at Pasta Remoli 30% off with the app A healthy taste of Italy

**Review:** From the moment we walked in the door at Pasta Remoli, we were



wrapped in a warm welcome and in the wonderful scents of Italian cooking.

The model pioneered at Pasta Remoli makes life simple – choose a fresh homemade sauce, a fresh homemade pasta and a cheese – to build a meal you love. It's all part of the informality at Pasta Remoli that creates an ideal space for families to have a relaxed meal.

We chose a variety of dishes and all were beautifully cooked, tasty and, despite indulging in some delicious desserts, we left feeling as though we had eaten a good healthy meal, and at a price that fits the family budget.

Families North London has teamed up with Pasta Remoli to offer readers the chance to try it too. Find Pasta Remoli in Finsbury Park, Westfield Stratford, Ealing and Wembley.

#### **OFFER!**

**Instore:** Show this article to get 20% off food bill in-store. Signature dishes included. Excludes drinks and lobster. **Online:** 30% off the first order through the Pasta Remoli app.

Offer ends April 30. Both offers are not available in conjunction with other offers or discounts. *pastaremoli.co.uk* 

#### Would you like to host and teach English to a foreign student in your home?

We are currently recruiting hosts who can offer a spare bedroom, three meals per day and the required lessons and activities.

You choose who to host and when to host! Earn up to £1,000 per week.

Get in touch to find out more: influentme.com host@influentme.com





TRAVEL

# **Top value family holiday destinations**

Travelling abroad as a family is a wonderful experience but can be costly. Families asked <u>Ashley Lutz at Travel Counsellors</u> to recommend some destinations that offer excellent value for money.



Turkey Warm, family-friendly and relatively cheap once you are there.



Portugal A Eurozone destination where your cash can work harder.



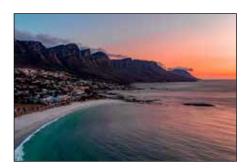
Montenegro Cheaper and quieter than neighbouring Croatia.



Mauritius Something for all ages with prices almost half of the neighbouring Seychelles.



Jamaica Named best value destination in the Caribbean (The Post Office).



**South Africa** Wildlife, exploration and relaxation – and easy-ish on the wallet once there.



Albania Kids' attractions, sandy beaches and a family 3 course meal for £20!



Sri Lanka Relatively affordable food, transport and accommodation.



**Thailand** One of the cheapest long-haul destinations to fly to. Cheap once there.

# STRONGER, SAFER SWIMMERS START EARLY.

Better Swim School produces over 100,000 stronger capable and safer swimmers across the UK each year. It is designed to be convenient, flexible and affordable for all ages and abilities taught by qualified and experienced teachers. Our safe and friendly environment will ensure your child enjoys life long fun in and around the water.

Find your nearest Better Swim School at:

- Britannia Leisure Centre
- Clissold Leisure Centre
- Kings Hall Leisure Centre

Discover how to kick start your child's development at **better.org.uk/lessons** 

Better is a registered trademark and trading name of GLL (Greenwich Leisure Limited), a charitable social enterprise and registered society under the Co-operative & Community Benefit & Societies Act 2014 registration no. 27793R. Registered office: Middlegate House, The Royal Arsenal, London, SE18 6SX. Inland Revenue Charity no: XR43398





working in partnership with

# Hosting an Easter egg hunt

#### **Choosing the location**

Your garden is great or a local park if your group is large.

Allow for weather. Have an indoor Plan B or take wet weather gear.

Avoid an area so large that it's impossible to find the eggs!

For younger kids, **keep it simple.** Scatter eggs about in obvious locations.

#### **Incorporating nature**

An outdoor hunt is an ideal way to incorporate **outdoor learning.** 

**Use vegetation** in your own garden or park as hiding spots.

Instead of solving clues, complete a spring spotting sheet or scavenger trail along the way.

**Collect items along the way** instead to make a nature craft or win a prize.

# How to decorate eggs for Easter



A short 3-minute video which demonstrates how to easily decorate eggs for your hunt.

#### Hiding the eggs

Before you start, **count the eggs.** You'll thank yourself later!

Make it fair with different colour eggs for different kids.

**Try treasure hunt style** with clues and rewards along the way. Finish with a grand prize.

**Find age-appropriate hiding spots** - too easy and it's over in a flash; too hard, kids get upset.

#### **Selecting prizes**

**Go healthy** with less sugary offerings.

Personalise your own decorated eggs (name, date, place) to create keepsakes.

**Customise treats** for your child - favourite pens, books, gift voucher.

**Try tokens** to collect and redeem for prizes or even cash.

#### Readymade Easter egg hunt downloadable



Try this readymade indoor hunt with clues and hiding spots suitable for most houses.

## **Top Easter eggs for 2023**

Choose your Easter eggs from the couch this year with our wonderful selection of treats.



Space Eggsplorer Chocolate Egg Decorated, hollow milk

chocolate space shuttle with milk chocolate balls.



Percy Pig<sup>™</sup> Easter Egg Hunt Bucket Hollow milk chocolate

eggs and a small bag of mini Percy™ Piglets.



Easter Eggtastic Easter bundle A chocolate egg for every occasion in this eggtastic Easter bundle.



Egg On My Face Chocolate Slab Cheery milk chocolate slab with two white chocolate half-eggs.



The Raspberry White Chocolate

Eaa

Belgian white chocolate,

raspberry pieces and

marshmallow chunks.



Giant Dinosaur Egg

Gargantuan 700g egg, 11+ inches tall, made of smooth, rich Belgian chocolate.



Chocolate Dorset Dinosaurs Handmade shapes with milk, dark & white chocolate.



Extra Thick White Chocolate Easter Egg A generous egg, piled with fun chocolate treats.



Capsule of Milk Chocolate Robots Fabulous tin capsule filled with ten mini milk chocolate robots.

## Easter crafts for the kids to enjoy

Get the kids crafting during the school holidays with this great selection of arty Easter and spring-themed ideas.



<u>Burlap bunny</u> <u>bunting</u>



**Bunny scrunchies** 



<u>Spring tin can</u> <u>animals</u>



**Easter biscuits** 



DIY Easter egg pinata



Easter bonnet



Easy button Easter egg



Mini Easter baskets



Easter egg weaving

## Easter treats to make with the kids

From Neha Gandesha @squashedpickle

#### **Froyo Easter egg lollies**



These frozen yoghurt treats are considered the best Easter cooking activity in our family. With a few simple ingredients, such as Greek yoghurt and food colouring, you can create a delicious Easter snack which the kids will run to the freezer to devour! RECIPE

VIDEO

#### **Cinnamon Swirl bunnies**



These bunnies are so fun for Easter and very easy to make, thanks to the ready-to-bake cinnamon swirl rolls made by Jus-Rol. The fun is in shaping the rolls so they turn into bunny ears! Kids can decorate the finished product with sprinkles and candy eyes and they make a really cute little Easter snack.

#### RECIPE



#### **Easter hot chocolate**



Kids can top these with their favourite chocolate eggs, sprinkles or even cookies and enjoy in a hot cup of milk. They make great Easter gifts when wrapped up too. Remember, marshmallows should only be given to kids over 5-years-old as they are a choking hazard. RECIPE VIDEO

#### **Milky Bar Oreo chicks**



These are another really fun Easter-themed treat to make with the kids and they use favourite chocolatey treats including Oreos, Milky Bar and vellow and orange Smarties. Other than that, all you really need are some lolly sticks and some candy eyes to really bring the chicks to life!

#### RECIPE

# Helping children who find reading difficult

Word Window is a specially designed hand-held tool that helps children break down words to make them easier to read. It was invented by a mum with an extensive background in education who created it to help children that found reading difficult.

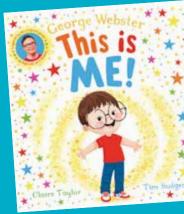
Words are built on letters, sounds and other words and Word Window gives children, parents and teachers the ability to highlight sections of the word so that fluency and comprehension can build over time.

Word Window is successful at helping children to bridge the gap between learning phonics and building these skills into reading as it engages the kinesthetic sense when reading, a sense which is often neglected.

Check out the website HERE or find on Facebook.

Special offer for Families readers using discount code FM10 at checkout.

# **Giveaway!** 5 signed copies of THIS IS ME!





T&Cs apply

From George Webster, CBeebies presenter

Families APPLY HERE

Support your child's reading! Get your FREE Word Window!



## Let's play outdoors!

Get your little ones active and outdoors now spring is on its way. Here are some favourites from child psychologist and play expert Dr. Amanda Gummer, founder of The Good Toy Guide.



Xootz Bubble-Go-Scooter An easy-to-master 3-wheeled scooter which blows bubbles as you ride! BBP: £49.99



Geosafari® JR.Kidnoculars® Extreme™ Magnify nature! 3x no-

focus binoculars & builtin mic. RRP: £26.50



Kids First Weather Science Kit Investigate different types of weather with this interactive lab kit. BBP: £16.95



Naylor Activity <u>Tunnels</u> Lightweight, bright play tunnels for indoor or outdoor adventures! RRP: £33



Diditrike Quirky, lightweight and easy-to-manoeuvre early years ride-on. RRP: £44.99



Smoby AquaPlay LockBox Kids can explore waterway adventures with this canal-inspired playset. RRP: 39.99



Zoomarang The original backyard boomerang! Circles out 30 feet with ease. RRP: £4.99



Smoby KS Slide Encourage active play with a slide that doubles as a water-slide! RRP: £69.99



Waterwall Hands-on problemsolving fun with this interactive water flow. RRP: £99.99

#### **Parties & Celebrations**

#### **Little Supernovas**

create imaginative parties with an adventure tailored to your child's wishes and theme and include all their favourite magical characters and stories. Our parties incorporate action storytelling, music, props, drama, movement and plenty of giggles. We run Holiday Clubs too.

www.littlesupernovas.com/parties Mhello@littlesupernovas.com

#### After Sch Club/Education

#### **Giggling Panda Chinese School**

We are Chinese language school SA in 2015 specialising in innovative Mandarin language courses for children aged 3-12 in London. Classes suitable for children with



We guarantee an immersive experience full of stories, art, crafts, games, songs, poems about Chinese history and traditions, and formal language learning through professional in-house content. Classes at weekends, various choices, at North/East Finchley and Watford. Contact us for a trial on 0793 249 4420 ⊠admin@gigglingpanda.co.uk www.gigglingpanda.co.uk



#### Ant Learning

Highly recommended and sought after professional



tutoring, experienced in developing and preparing children to learn, lead and succeed all around. Reading, English, Maths, verbal and nonverbal reasoning, ages 3 ½ -13. Book a trial and free assessment today 0208 050 5798.

#### www.antlearning.co.uk

#### **Kumon Finchley Central**

Delivering proven academic success in maths and English, through



MATHEMATICS ENGLISH

work that is set at just the right level for your child, keeping them engaged and making progress to develop their confidence and help them thrive at school. One week free trial promotion is running at Kumon Finchley Central now. 07548 335707. www.kumon.co.uk

#### **Magic of India Hindi Classes**

Speak from the first lesson. No previous knowledge



needed. Small group zoom classes. Missed class support. Classes: 5-7, 8-14, 16-adult. New toddler singalong. Private lessons. Free trial class. Quick learning holiday clubs too. "Geeta uses English teaching methods and merges them with songs, poems, drawing, colouring, and various innovative methods so children are engaged in learning Hindi and at the same time learn about their culture." **magicofindia.org** 

#### **Hillgate Tutors**

We offer support from age 5 to



university, understanding your child's needs and matching them with one of our highly-qualified passionate educators who will create a tailored learning plan. Hillgate Tutors listen, guide, encourage and monitor them to help your child achieve their absolute best. Tutoring at your home or online. 307748 956581 to discuss. www.hillgatetutors.co.uk

#### Vincent & Frida

Art appreciation lessons designed to ignite in your child, a love for art and its stories. Art will become much more than pictures to them and your child will enter the world



of wonder. We offer private lessons, holiday workshops and family sessions. Discover more www.vincentandfrida.com

#### **Performing Arts**

#### YPS of Acting

Students learn acting in a fun, inclusive and exhilarating space.



High-quality weekly classes for 10-18s taught by professional actors. Act for screen, accents, fight combat and more. Up to 3 industry workshops a term. Audition entry only. All experience levels welcome. Week 1 acts as a trial. Info@theyoungactingpro.com \$07342 189 886 Fb/Insta: @ypsofacting www.TheYoungProSchoolofActing. com

#### Achieve Arts

Unlock creativity, confidence, solo speaking skills, performance skills, improvisation and characterisation at our



classes for 4-16s, in Crouch End, Muswell Hill, Harringay Ladder, Tufnell Park, Hampstead Garden Suburb, Mill Hill, and Pinner. Online too. 100% Lamda success rate. Book a free trial. See website for Easter Holiday School. www.achievearts.co.uk

#### Lemon Jelly Arts

Performing arts classes, holiday workshops, LAMDA and in-school workshops/PPA cover. We nurture talent



in every child and help them to release confidence for whatever their future holds. We aim to give them the courage to pursue any dream! Classes in Mill Hill and East Barnet. Jelly Tots 3-5 years, Academy Classes 5-7s and 8-10s, Fusion Theatre Company 11+. 201858 545599

⊠office@lemonjellyarts.com www.lemonjellyarts.com

#### **Stagecoach Highgate**

We aim to bring out the best in your child and we're not just talking about their new-found skills in dancing, singing and acting.



Our students also develop excellent communication skills, grow in selfesteem and enjoy the benefits of improved confidence! We welcome children of all abilities from the age of four to 16 years and offer two-week trials. To find out more visit www.stagecoach.co.uk/highgate

#### **Perform Classes**

Confidence building weekly drama, dance and singing classes for 4-7s and 7-12s. Classes are designed to boost confidence,



communication, concentration and coordination. Holiday clubs. Visit **www.perform.org.uk/try** to book a FREE class.

Venues: N1, N2, N4, N5, N6, N7, N8, N10, N11, N12, N13, N14, New N16, N19, N20, N21, N22, EN2, EN5, EC1, NW1, NW2, NW3, NW5, NW6, NW7, NW8, NW11, EC1Y, W1H

Easter holiday club: The Jungle Book, 3 fun-packed days of magic, drama, dance & singing for 4-10s. Apr 3-5: Highgate, Muswell Hill, Primrose Hill, Islington. Apr 12-14: Clerkenwell, Crouch End, Highbury, St John's Wood. www.perform.org.uk/junglebook J020 7255 9120 ⊠enquiries@perform.org.uk www.perform.org.uk

"I saw you in Families magazine and..."

#### **Sports & Exercise**

**St Kiernan's Gaelic Football Club** Inclusive, fun environment for kids and adults to learn this high intensity game. Teams from under-6s to senior men and ladies of all abilities. We welcome newcomers to all age groups and the sport can be picked up easily from our excellent coaches. Summer training at our new facility at King George Playing Fields, Barnet Lane, EN5. Winter training is at Woodhouse College, North Finchley. Call Chris Byrne on **07984 184003** or Declan Ryan on **07818 023639.** 

#### **Schools & Nurseries**

#### Hyland House School



A Christian, independent school, we empower our 2 to 11-year-olds to aim high and dream big. Our

children are achieving excellence. Our Early Years is Ofsted-graded Outstanding. Years 1-6 are graded Good. Please contact us for more information or



to arrange a visit. Hyland House School is at 97 Holcombe Road, Tottenham, London, N17 9AB. )020 8520 4186. ⊠info@hylandhouseschool.org www.hylandhouseschool.org

#### Mars Montessori

Mars Montessori in Angel is



a small bilingual French-English Montessori nursery. We provide very high-quality childcare in a nurturing environment in two languages. In September 2018, we introduced an Introduction to Mandarin programme, and we are proud of the brilliant take up. In April 2018, we were given the highest possible rating of OUTSTANDING by Ofsted in every category. Open day Sat Apr 22 9am-12.30pm. Must book 3020 7099 0452 www.bilingualnurseries.com

#### College Francais Bilingue de Londres

Based in the heart of London, CFBL provides exceptional English-French bilingual education to girls and boys from Nursery to Year 10. Our



pupils are nurtured in a welcoming environment where they can discover the joys of learning, supported by attentive teaching staff. CFBL is a multicultural environment with over 35 different nationalities, where pupils grow into creative, open-minded individuals. www.cfbl.org.uk

#### North Bridge House Schools

Independent school for children aged 2 to 18, on six locations for different age groups. We understand that success is not simply defined by



outstanding academic achievement, but by every pupil finding a direction in life that truly reflects their unique talents and personality. Call admissions to check for occasional immediate places on 020 7428 1520.

www.northbridgehouse.com

#### **Dwight School London**

We've been igniting the spark of genius in every child since 1872, and provide a world class education for children age 2-18 at our



international school. We follow the rich rich and stimulating International Baccalaureate programmes. Open days: Senior Jan 12, Junior Jan 17. www.dwightlondon.org

#### Hendon Prep

Independent school and independently-



rated outstanding preschool, in north London, for boys and girls from 3-11 years old. We understand every child is unique and offer a vibrant and creative curriculum in a nurturing and stimulating school environment. To find out more contact admissions at **admissions@hendonprep.co.uk 3**020 8203 7727.

#### St Anthony's School for Boys

St Anthony's School for Boys is set to open a new co-ed nursery in 2023. Founded in 1898, the school has an excellent reputation for both its academic and



pastoral approach and values curious and creative learners. The nursery is part of the St Anthony's group of nurseries and will afford priority admission to both St Anthony's schools. To register interest, email, pahead@stanthonysprep.co.uk www.stanthonysprep.org.uk

#### Photography

#### Kassia Karr Photography

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FAMILY PHOTOGRAPHY

in family, maternity and newborn photography. I use my documentary background to create stunning, impactful images of your special moments and milestones, with a unique style. Naturallylit photographs celebrate the everyday and capture the essence of the wonderful families I work with. Bookings open for Spring and Summer 2023. Mini sessions are available.

www.kassiakarrphotography.com

#### **Baby & Toddler**

#### Colourstrings

 for a brilliant start and long-term success in music! Develop your child's musical talent in Kodaly-based music



kindergartens and instrumental programmes from six months – 19 years. Call 020 8444 9435 for a trial of 3 discounted lessons or email admin@nlcolourstrings.co.uk www.nlcolourstrings.co.uk

Diddidance We create a funky pre-school dance class suitable for all children. We are here to nurture their love of movement in a relaxed environment and cover 16 dance styles. Classes are suitable for toddlers aged from 18 months upwards however if they're younger and steady on their feet, come and join us! We run classes in Enfield, Cheshunt and Potters Bar. Constantina—07983972095 Inconstantina.menezes@diddidance.com **Tiny Talk** Learn to communicate with your baby before they can speak, at an award-winning TinyTalk baby signing class. Interactive music class and sensory activities, plus time for a cuppa. www.TinyTalk.co.uk/zahrak

**Cavendish Tots** Creative movement classes for 18m to 3 years in Camden. Thursdays. **bit.ly/Cavtot** 

#### Choices

Explore your parenting struggles in a welcoming environment. Our Circle of Security Parenting course helps parents from all backgrounds understand how to meet their babies and toddlers' real emotional needs providing secure foundations lasting into adulthood. We also offer counselling for those with other concerns including unplanned pregnancy, anxiety during pregnancy and pregnancy loss. A member of the British Assocation of Counselling and Psychotherapy. www.choicesislington.org/ parenting-course

"In the spring, at the end of the day, you should smell like dirt." — Margaret Atwood



# Mother's Day gifts for under £20

Attention dads! This is one for sharing with the kids before 19 March!



Gourmet chocolate pizza For the mum who loves pizza and chocolate! £11.75



Photo cushion Capture family memories on this multi-photo upload cushion. £19.99



SHO reusable drink bottles For mums who are both eco and style conscious. From £12.49



#### Personalised wooden memory box Kick start mum's collection with a few of your own items. £19.99



Olive & Pip's Drawing Make Up Bag

Create something special with those drawings on the fridge. £20.99



Mother's Day Sketchy Muma biscuits Gift box of ten biscuits. Hand drawn illustrations of heart-warming messages. £20



Reusable coffee <u>cup</u> Designed to last 10 years. 100% recyclable. £14.95



Rarebirds Lucky Dip Book Club Choose a genre; they will choose a book for mum. £8.99



<u>Gift wrapped</u> <u>botanical posy</u> Mini posy made up of seasonal flowers, foliage and herbs. £15.95